**Has your child got sleep issues?**

If you would prefer to speak direct to a School Nurse please call 0300 300 1635 or Text 07769 645114

**Mon-Fri between 1-5 pm only**

www.nelft.nhs.uk

**A free virtual awareness session for supporting parents in dealing with Sleep Issues in children.**

**If you are the parent/carer of a primary school child aged 4-11 please email the address below for a direct Microsoft Teams link to attend the session stating your name and school child attends.**

www.nelft.nhs.uk

www.nelft.nhs.uk

**On: Monday 24th May 2021 at 10.00 am**

**Email:** [**denise.ellis@nelft.nhs.uk**](mailto:denise.ellis@nelft.nhs.uk)

www.nelft.nhs.uk